

# Department of Military and Veterans Affairs

Alaska Military Youth Academy

P.O. Box 5800 JBER, AK 99505-0800 Main: 907.384.6017 Fax: 907.384.6007

# REPORTING AND PACKING LIST COPY FOR THOSE WHO HAVE ALREADY INTERVIEWED AND BEEN OFFICIALLY ACCEPTED!

All candidates reporting for in-processing must arrive at the designated location according to the dates and times indicated below. **YOUTH MUST HAVE THEIR PHOTO ID WITH THEM**:

1. Within the Anchorage Bowl area (\*or those on the road system):
Date: Wednesday, April 1, 2015

Location: Muldoon Town Center, 1251 Muldoon Road, Anchorage, AK 99504

Time: Last names beginning with the letters A-M arrive between 9:00 a.m and 12:00 p.m Last names beginning with the letters N-Z arrive between 12:00 p.m and 3:00 p.m \*If you are reporting to Anchorage from out of area, you can report anytime between 9am-3:00pm.

Candidates will not be processed at any other date or time.

After signing in their candidate, parents/guardians are invited to attend a 30 minute informational briefing in the same location. Attendance at this brief is highly recommended. Mentors are also welcome to attend.

- 2. Outside the Anchorage Bowl and Fairbanks area (not on road system): Please contact Ms. Loni Antrim at 907-384-6013 As Soon As Possible to make travel arrangements for your candidate. Due to the travel time involved, these candidates will arrive on Tuesday, March 31, 2015. You may choose to report directly to Anchorage at your own expense using Anchorage reporting instructions. Please advise which reporting option will be used.
- 3. Within the greater Fairbanks area (youth/families may also report directly to Anchorage- please advise admission staff if you chose not to use bus transportation)

  Fairbanks area candidates will be bussed from the Fairbanks NG Armory on Wednesday, April 1, 2015. Please arrive at the Armory located at 202 Wien Ave at 8:00am. Parents/guardians dropping off their candidate are invited to attend a parent in-briefing to begin at approximately 8:30 am (this will be after candidate bus departure for Anchorage). Mentors are also welcome to attend. Candidates must provide their own sack lunch, drink and snack for the ride down. The bus will stop along the way for restroom breaks at convenience stores. Candidates may bring NO MORE than \$40 in cash. You may choose to report directly to Anchorage at your own expense using Anchorage reporting instructions. Please advise which reporting option will be used.

### Candidate Attire for check-in:

All candidates must report wearing casual clothes, including (preferred) light gray cotton t-shirt, white cotton socks, white cotton underwear and running shoes (no court sneakers). Please carefully read the attached list of materials and clothing each candidate is required to bring with them. Items that do not appear on the list will be provided by the academy at no cost.

# Required paperwork: Transcripts

It is the responsibility of each candidate to ensure that you have turned in your school transcript to the Alaska Military Youth Academy prior to enrollment. It is critical that both you and your parents/guardians each retain a copy of your transcripts to insure that we can all work together to maximize your academic opportunities. Additionally, please ensure you have withdrawn from your local school.

### **Mentor Requirement:**

All candidates for admission to the ChalleNGe program **must** have provided a completed mentor referral form and have a completed mentor application on file at the academy on or before the start date of their class.

# **Acclimation Period Ceremony:**

A ceremony will be held for those candidates successfully completing the Acclimation Period. This marks their transition into the remainder of the residential course.

Date: April 11, 2015 Location: TBD Time: TBD

This event is for immediate family members only (mom, dad, grandparents, siblings, legal guardians) Parents/guardians & families must arrive no later than TBA (NO Boyfriends/Girlfriends). Pets are not allowed. To assist with access to JBER, please make sure you have turned in your Parent/Guardian Information Sheet (located in your application packet) no later than April 1, 2015. This sheet is also available online at <a href="https://www.akmya.org">www.akmya.org</a> on the left hand side in the red column "JBER ACCESS (PGIS)". If you do not turn the sheet in, you will not be allowed access to JBER, which is a federal installation, has rigid security requirements beyond our control. Mentors are also encouraged to attend Acclimation Graduation. For those individuals who already have access to JBER or military ID's this is not required.

The first scheduled family visitation will be immediately afterwards and ends at TBA.

By seeking admission to the Alaska Military Youth Academy's ChalleNGe Program, you have taken a significant step along the road to success in life. We look forward to helping you take the next step.

Candidates will be assigned platoons on or before April 1, 2015. A parent and mentor letter will be provided that will contain all the important dates/times and contact information which will be based on the assigned platoon. These letters will also be posted online and available upon report.

Thank you for assisting with your Cadet's Success

**Contact Information:** 

Campus Mailing Address: PO Box 5727 JBER, AK 99505

Parent /Family Concerns: Team Leader Center (TLC) 907-384-6040

Recruitment, Placement, and Mentoring (RPM) Supervisor: Deborah Morton, 907-384-6120

**Medical Questions:** 907-384-6115

Educational Concerns: Scott Monroe, Lead Instructor/Principal 907-384-6102

After normal business hours: Team Leader Center 907-384-6040

Mentoring Concerns: 907-384-6101, 907-384-6139, or 907-384-6068

Placement Coordinator- 907-384-6135

Anchorage Admissions: 907-375-5554 or 5556

Fairbanks Admissions: 907-374-7960

Please be sure to visit our website; <a href="www.akmya.org">www.akmya.org</a> and become familiar with our Facebook site, as many photos and updates will be posted there.

Required Clothing, Personal & Academic Items (Dec 30, 2014)

**Required Items:** Each AMYA ChalleNGe Program candidate should bring the noted clothing and personal items to In-processing at the date and time prescribed for his/her class.

**Special Notes/General:** The following general notes provide overview or answers to frequently asked questions:

Money is not desired, required nor recommended; if you must, please do not bring more than
\$40. Secure storage is not available until week 3 of the program
All general and a variable until week 5 of the program

All personal products should be **unscented** due to our communal environment and the likelihood of personnel allergies or other medical conditions

- All clothing items should be plain and void of all logos, pictures or insignia (examples: team logos, place names, large manufacturer or designer logos, cartoon characters, etc.). If unable to find items without brand logo (such as athletic shoes), please just make sure it is plain in appearance, and no larger than two inches in size (see packing list)
- Items need not be new, but must be in good condition and free of tears or holes. All other clothing and personal items will be provided by the Academy
- □ Please do your best to obtain the items on the packing lists

If you are unable to locate or afford items on the Clothing, Personal Items and Academic Supply List they will be provided at AMYA

Acad gradu	emy iates	If brought, they will be boxed and placed in storage until the candidate/cadet or otherwise leaves the program.
		Contact lenses
		Jewelry, including body jewelry
		Makeup or other hair care products or beauty aids except as noted on the "required" list
		Tweezers
		Wallets
		Personal Conveyances (automobiles, skates, skate boards, bikes, etc.)
		Personal entertainment devices (radios, portable televisions, I-Pods, Gamehov, etc.)
		Clothing other than that needed on arrival day or as noted on the "required" list
		Cellular Phones, iPads, or other portable communication device
		Calculators
		Instruments
		Weapons of any kind (bringing weapons aboard a military installation may expose you to federal prosecution)
		Electric or battery operated razors or toothbrushes
		Anything else not on the "required" lists on these pages
Itome	TO	bring: Academic Supplies
tems	10	oring. Academic Supplies
		12-#2 Wood Lead Pencils
		2- Pink Erasers
		6- Black Ink or Gel Pens
		1- Ruler Imperial measurements with 1/16 of an inch markings and other side in millimeters. Rulers with three-ring binder holes are a plus for your cadet.
		1- Package of 24 assorted colored pencils
		1- Glue stick
		1- Package of 5 yellow colored highlighters
		2- Packages of medium ruled / college ruled paper 200 count (approx. 600 sheets in total)
		10- Two - Pocket Folders with three-ring binder holes
		1- package tabbed reference dividers- min 8-10 tabs to fit 3 ring binder
		1- Standard sized spiral bound student planner with 2015 calendar
		1- 3" Three-ring binder (Heavy Duty)
		1- Pocket Dictionary
		1- Pocket Thesaurus
		1- Package of Binder hole re-enforcements
		Optional- Mechanical pencils (2) with replacement lead

Items NOT to bring: The following items should not be brought to the Alaska Military Youth

IF YOU HAVE QUESTIONS ABOUT THE ACADEMIC SUPPLY LIST, PLEASE CONTACT THE PRINCIPAL AT 907-384-6102.

Item	s T	O bring ( <mark>Females</mark> ):
		Hoodies), must be proper fitting, not tight, not over-sized and/or baggie plain sweats
		with elastic at ankles, no yoga, knit, or straight leg style-3 sets (Prefer no pockets)
		White Athletic Socks: crew length, NO ankle style-10 Pair
		<b>T-shirts:</b> Solid light gray in color, short sleeve, crew neck style, no V-neck-3 each:
		Prefer no pocket
		Underwear: Brief style, solid color, white preferred, cotton underwear only; no
		bikini, thong, or other styles; white, black, or gray preferred, other solid colors
		acceptable-10 pair
		Sports Bra: white, black, or gray preferred, other solid, neutral colors acceptable; no
		clasp in back is preferred-3 each
		Feminine Hygiene products: (1 months' worth)-1 box
		Swimsuit: single piece with 3/4 or higher back; straps starting at mid-back and above
		acceptable; dark primarily solid or two-tone color only; no bikini, high over the hip or other styles allowed-1 each -see picture chart
		Running Shoes: solid color (white preferred- can be black, brown or gray- no skate
		styles or high tops)-1 pair NO other colors, no colored laces. Laces must be white,
		black or gray and match the primary color of the shoesee picture chart
		Spandex shorts: long over thigh style (Dark color) (to prevent chaffing)-2 pair Prefer
		black or navy in color-see picture chart
		Black Shorts: 2 pair-see picture below for fitting
		Hair Brush with rounded handle-1 each
		Comb with rounded handle-1 each
		Snap clips for hair: color to match your natural hair color-1 pack
		Elastic bands for hair, color to match your natural hair color-1 pack
		Bobby Pins: color to match your natural hair color, different sizes allowed-1 pack
		Hair styling gel and/or Oil Moisturizer Lotion: plain no glitter or shine style-1 each-see picture chart
		Identification Card (Military Dependent or State ID)  Anti-perspirant/Deodorant: unscented or baby powder scent only, no aerosols,
		No perfume or floral scents-1 each
		Razors/blades: disposable preferred; No electric or battery operated razors
		(Optional)
		Shaving cream/gel: unscented, no perfume or floral scents-1 each
		Shampoo/Conditioner: unscented, i.e. Tre'seme/Pantene/anti dandruff-1 each
		Body wash or Bar soap and soap container: unscented-1 each
		1st class Stamps/Forever Stamps: 1-2 book(s)
		Envelopes: letter mailing envelopes (#10 size)-1 box
		White bath towels: white only, standard size not beach towel size-3 each
		White wash cloths: white only-3 each
		Black boot polish: wax only NO cream or liquid authorized (i.e.
	П	Kiwi/Lincoln/Penguin)-1 each-see picture chart
		Boot brush and polish cloth: Optional-see picture chart
	П	Hand Lotion: Fragrance free/unscented (no larger than 11.8 oz.)-1 each-see picture chart
	_	<b>Phone Cards:</b> For Cadets not from the South Central Alaska (Anchorage, Wasilla, etc.) area
		100 FEBRUARIA ( )

2 pair of glasses and prescription: if needed
Watch-nonmetal band only-low value, black-1 needed
Foot powder (4-12 oz.): Desenex, Gold Bond, etc. (no baby powder)-leach
(optional)
Acne cream/face wash: CANNOT contain alcohol- (optional)-leach-see picture
chart
Toothbrush, Toothpaste (5.8 oz. tube), and toothbrush holder: 1 each
Squeeze tube Carmex: plain, not flavored/not "shimmer"-1 each
Sunscreen Lotion: Rub on (NO Spray), Clear Drying (8-10 ounces) (summer only &
optional)-1 each
Lint Roller Pack-3 Pack or 1 Large Roller (ontional)

IF YOU HAVE QUESTIONS ABOUT THE PACKING LIST, PLEASE CONTACT THE Team Leader Center (TLC) AT 907-384-6040.

Items	s TO bring ( <mark>Males</mark> ):
	Sweats: Solid light gray in color (long sleeve) sweatshirt and black sweatpants (No
	Hoodies), must be proper fitting, not tight, not over-sized and/or baggie, plain sweats
	with elastic at ankles, no yoga, knit, or straight leg style-3 sets (Prefer no pockets)-4 pair
	White athletic Socks: crew length or knee high, no ankle style-10 Pair -see picture chart
	T-shirts: Solid light gray in color, short sleeve, crew neck style, no V-neck-3 each
	Underwear: cotton briefs, boxer shorts, or boxer briefs only; Solid color only; No bikini
	thong, or other styles allowed-10 pair
	Swimming trunks: boxer style only; preferably solid or two tone dark color; no Speedo,
	brief, bikini or other styles allowed-1 pair
	Running Shoes: solid color (white preferred- can be black, brown or gray- no skate
	styles or high tops)-1 pair NO other colors, no colored laces. Laces must be white, black
	or gray and match the primary color of the shoesee picture chart
	Spandex shorts: long over thigh style (Dark color)-2 pair, must be no lower than the
	knee cap when worn properly at the waist-see picture chart
	Black Shorts: 2 pair-see picture chart
	Identification Card (Military Dependent or State ID)
	Deodorant: unscented, no aerosols, no Axe brand-1 each
	Razors/blades: disposable preferred (No electric or battery operated razors)-3 pack min
	Shaving cream/gel: unscented, no Axe brand-1 each-see picture chart
	Shampoo/anti dandruff: unscented-1 each-see picture chart
	Body wash: unscented (no Axe brand or Old Spice) or Bar soap and soap container-1
	each
	1st class Stamps/Forever Stamps: 1-2 book(s)
	Envelopes: letter mailing envelopes (#10 size)-1 box
	White bath towels: standard size not beach towel size, white only-3 each
	White wash cloths: white only-3 each
	Black boot polish: wax only, NO cream or liquid authorized (i.e.
	Kiwi/Lincoln/Penguin)-1 each-see picture chart
	Boot brush and polish cloth (Optional) -see picture chart
	Hand Lotion: Fragrance free/unscented (no larger than 11.8 oz.)-1 each-see picture chart
	Phone Cards: For Cadets not from the South Central Alaska (Anchorage, Wasilla, etc.) area
	2 pair of glasses and prescription: if needed
	Watch: nonmetal band only-low value, BLACK-1 needed
	Foot powder (4-12 oz.): Desenex, Gold Bond, etc. (no baby powder)-1 each
	Acne cream/face wash: CANNOT contain alcohol (optional) 1each-see picture chart
	Toothbrush, Toothpaste (5.8 oz. tube), and toothbrush holder: 1 each
	Squeeze tube Carmex: plain, not flavored/not "shimmer"-1 each
	Sunscreen Lotion: rub on (NO spray), clear drying (8-10 ounces) (summer only &
	optional)-1 each
	Comb and/or hairbrush: with rounded handle (cannot be sharp or pointed)- optional
	Lint Roller Pack-3 Pack or 1 Large Roller (optional)
	(-1)

IF YOU HAVE QUESTIONS ABOUT THE PACKING LIST, PLEASE CONTACT THE TLC AT 907-384-6040.

## ALASKA MILITARY YOUTH ACADEMY

# CANDIDATE INITIAL PACKING LIST





#### **Running Shoes**

Solid color (white, brown, black, or gray preferred). **No High Tops**, laces must be white, black, gray, or match the primary color of the shoe (see picture-left). Logo design of shoe CAN be another color.



#### Boot Polish Kit (black)

Black color, wax polish only, NO Liquid, One plain 100% white cotton T-shirt for shining boots



#### Crew Length White Socks

Crew length only, NO ankle style

10 Pair



#### Light Gray Sweathshirt

Regular Type, No hoodies, No V-Neck, No Pockets, If logo is present, must be no bigger than two inches (i.e. underarmour X, Nike Swoosh, etc). Sweatshirt must fit body regular (not too tight, not too loose, NOT baggy)



#### **Black Sweatpants**

Sweatpants must fit body regular fit (not too tight, not too loose, NOT baggy). Sweats can have pockets or no pockets. If logo is present, must be no bigger than two inches (i.e. underarmour X, Nike Swoosh, etc. ) NO YOGA PANTS



#### **Black Wristwatch**

Watch must be BLACK in color, NO metal bands, and MUST cost less than \$50.



#### Black Gym Shorts

Regular type gym shorts, shorts MUST fit body, not too tight and not too loose, and be no more than TWO inches ABOVE the knee or TWO inches BELOW the knee. Baggy basketball shorts are not authorized. For logo guidelines-see sweatpants



#### **Black Spandex Shorts**

Regular type spandex shorts, MUST be black, blue, or gray in color, must be above the knee, no more than two inches. For logo guidelines-see sweatpants



#### Black Swimsuit (Female)

Regular type, one piece swimsuit. MUST be one piece, solid black, dark blue, or gray in color. Can have some small stripes or design as long as the majority of the swimsuit is a solid color



#### Black Swim Trunks

Regular type swim trunks, MUST be black, blue, or gray in color, must be above the knee, no more than two inches. Can have some small stripes or design, as long as the majority of the swim trunks are a solid color



#### Hair Bun Maker (Female)

Hair Bun maker, available at all hair care stores, Fred Meyer, Walgreens, Wal-Mart, etc.

#### Female Authorized Hair Product Examples

The following are SAMPLES of what are authorized products for your 1<sup>st</sup> PLT FEMALE cadet. This is **not** an all-inclusive list, please call with any questions. NO aerosols of any kind are allowed. **Unscented products** are important to minimize allergies and allergic reactions. We strive to be scent sensitive and appreciate your support in this effort. Please direct any questions to Platoon Leader (PL) Fuentes 907-384-1022-direct office line

HAIR PRODUCTS ALLOWED (PLEASE SMELL THE PRODUCT IF IT IS NOT LABELED UNSCENTED, MANY ARE FRUIT OR FLOWER SCENTED AND NOT MARKED THAT WAY):





















Male and Female SHAMPOOS / CONDITIONERS (NO HERBAL ESSENCE-FRAGRANCE LEVEL TOO HIGH):











HAIR BANDS AND CLIPS (NO BANANA CLIPS, HEAD BANDS, OR CLAW CLIPS) ALL CLIPS, PINS, AND BANDS MUST BE SOLID COLOR AND MATCH NATURAL HAIR COLOR-BLACK, BLONDE, OR BROWN (note: black in color is permitted for all)

















Male and Female FACE WASHES ALLOWED (NO NOXEMA PLEASE, FRAGRANCE LEVEL IS























# Male and Female BODY WASHES / LOTIONS ALLOWED:













# Department of Military and Veterans Affairs

Alaska Military Youth Academy

P.O. Box 5800 JBER, AK 99505-0800 Main: 907.384.6017 Fax: 907.384.6007

December 30, 2014

To: Parents/ Guardian

From: AMYA Medical Section

Subject: Medications

Dear Parents/Guardians of Applicants,

During the Residential Phase, the Alaska Military Youth Academy (AMYA) complies with state and federal regulations regarding the dispensing, distribution and administration of prescription and non-prescription medications.

#### A: Prescription medications

All prescription medications must arrive at AMYA in the original bottle/container that you received from the pharmacy. The original label must be intact and affixed to the container. Please make sure your child has enough medication for a period of 30 days from in-processing day. Additionally, we request that your child's health practitioner provide five (5) refills (or enough medication for the entire residential period).

#### B: Controlled Medications

If your child is taking a Class II-IV controlled medication, you must provide the Academy with at least 30 day supply. If possible, please provide refills for the rest of the program (5 ½ months); **prescriptions can be mailed to the medical section**. Please note that should the health practitioner require monthly follow ups with your child, it is your responsibility to ensure they contact the AMYA Medical Section staff. If you reside outside of the Anchorage Bowl area and you cannot obtain paper prescriptions, please call the medical section staff to arrange for a local provider.

#### C: Over the Counter Medications

The Academy's medical clinic is staffed by State of Alaska certified, registered health care professionals and an office assistant/driver. The medical staff and team leaders have access to common over-the-counter medications when needed. The medications are administered based on standing orders and parental consent. Please do not send over the counter medications with your child.

### D: Herbals/ Vitamins

All medications must be prescribed by a physician, physician assistant or advanced nurse practitioner. Please do not send any unprescribed medications with your child.

Please address all inquiries or concerns to AMYA Medical Section, PO Box 5727, Camp Carroll Training Site, JBER, AK 99505-0727.